



MANAGING CLIENTS WITH ASTHMA (3 HOURS)

Course Schedule

Welcome and introduction

Learning outcomes

Facts, COPD, What is Asthma?
Symptoms, Triggers, Diagnosis

TEA

Person Centred Care
Asthma management & treatments

Stepping up & stepping down
Peak flow & Spirometry
Asthma action plan & Nursing Care

Workshop
Case studies
Discussion

Evaluation & close